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PRESS RELEASE

FOR IMMEDIATE RELEASE

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NAFE member, Mary Tappouni, honored in Jacksonville Business Journal's "40 Under 40"

Jacksonville, FL June 20, 2007 - Breaking Ground Contracting Company, a commercial general contractor headquartered in Jacksonville, FL, is pleased to announce the selection of Mary Tappouni, President and Owner of Breaking Ground, as one of The Jacksonville Business Journal's 40 Under 40 2007 Honorees. Each year, editors of the journal select forty up-and-coming business professionals by a nomination process. This process focuses strongly on community participation and business involvement.

Throughout the company's ten-year history, Tappouni has continued to move her company forward in groundbreaking ways. By incorporating her personal philosophy of sustainability into her business practices, she has made the successful transition into "green" construction. Breaking Ground Contracting Company provides educational opportunities to clients, staff, and organizations, implements sustainable processes on both job-sites and in their administrative offices, offers pre-construction consultation to clients interested in high-performance building, and provides construction services on sustainable projects.

Tappouni also promotes community involvement both internally and externally. Through her partnership with Blueprint for Prosperity, Tappouni learned Jacksonville had a critical need for mentors. Breaking Ground made the commitment to provide a financial contribution for fellow members of Associated Builders and Contractors Women's Council to become trained mentors in addition to becoming a mentor herself. She also encourages her team to volunteer with their favorite charities. To date, Breaking Ground Contracting is represented in The Child Guidance Center, Junior Achievement, The Navy League, MaliVai Washington Kids Foundation TnT Program, YMCA, Kesler Mentoring Connection, and Child Guidance Center LEAP Program. Along with charitable organizations, the company is also represented in National Association of Female Executives, National Association of Industrial Office Parks, Commercial Real Estate

Women of Jacksonville, Society for Marketing Professional Services, Urban Land Institute, Associated Builders and Contractors, ABC Women's Council, United States Green Building Council, USGBC of Northeast Florida, Jacksonville Regional Chamber of Commerce, and Jacksonville's Blueprint for Prosperity.

Of the forty honorees, Mary Tappouni is one of only a few women representing the construction industry this year.

About Breaking Ground Contracting Company

A State-of-Florida certified woman owned business, Breaking Ground Contracting Company is an award-winning, commercial general contractor providing quality construction services to both public and private clients. With demonstrated experience in health and fitness facilities, medical and professional offices, institutional and government projects, as well as numerous specialty construction projects, Breaking Ground offers clients the solutions they need to reach their construction goals. The company's portfolio includes new construction, renovations, tenant build outs, and additions with services in general and sustainable (LEED) construction, pre-construction, design/build and construction management. Breaking Ground Contracting Company strives to be a leader in sustainable construction through their commitment to high-performance building and environmentally conscious practices. For more information on Breaking Ground Contracting Company, please visit their website at www.breakinggroundcontracting.com or contact Ellen Leroy-Reed at (904) 388-1350.

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